



Elizabeth Kingsbury-Puscas is a Certified Professional Spiritual Director (CPSD) through Mayslake Ministries, Downers Grove, IL. She is also a licensed clinical social worker (LCSW) and has over 30 years of experience working with children, young adults and adults in various roles including teaching art for 15 of those years and also worked as a school social worker. She holds a Master's degree in social work (MSW with Honors) from the University of St. Francis in Joliet, Illinois and a lifetime member of Phi Alpha, National Honor Society. She has a School Social Work Licensure Endorsement from Aurora University, Aurora, Illinois, a Bachelor of Arts degree (BA) in education with a minor in Fine Arts from Benedictine University, Lisle, Illinois. She is a member of NASW

(National Association of Social Workers). Some areas of interest include (but are not limited to): Children/Teens/Young Adults/Adults/Elderly, Family/Couples, Grief & Loss, Women's Issues, Mental Health/Anxiety, Discernment & Decision Making, Transitions, Franciscan Spirituality, Ecumenism and Ordained Ministry (Deacons/Wives, Religious, Priests, Ordained). Elizabeth enjoys taking part in the parish by participating in the ministries of: Lector, Eucharistic Minister, Cantor, Team Proclamation and Elizabeth Ministry. In the diocese of Joliet, she participates in Cursillo, retreats/day of reflection and the Diaconate including formation and wives formation. "In my free time I enjoy spending time with my husband, Deacon Vic, my daughter, Michaela, and our dogs. I also run daily, practice Yoga, enjoy walking, biking, hiking, dancing, spending time in nature, drawing, painting, pastels, singing, playing guitar, ukulele and mandolin, and attending musicals".

Sandra R. Book

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EDUCATION

Illinois State University, Normal, Illinois
Bachelor of Science in Art Education – May 1974

Liturgical Certification Program – June 1995
Diocese of Joliet and Catholic Theological Union, Chicago, Illinois

Institute of Liturgical Consultants, Catholic Theological Union, Chicago, Illinois
Summers of 2000 and 2001
Internship with architectural firm, Healy-Bender Inc., Naperville, Illinois, 2001-2002
Certified as Liturgical Design Consultant – December 2002

Loyola University, Chicago, Illinois
Institute for Pastoral Studies – Master’s Degree in Pastoral Studies – May 2003

EMPLOYMENT

Parish Ministry:

St. Mary Immaculate Parish, Plainfield, Illinois, June 1995 – October 2005

Member of the Pastoral Staff, serving as Liturgy Coordinator.

- Responsible for coordinating liturgical ministers for worship, catechetical training, and spiritual enrichment.
- Collaborating with members of the clergy – priests, deacons, and pastoral staff.
- Liturgical and spiritual companion for school staff in helping to plan school Masses.
- Planning, scheduling, and coordinating parish worship experiences.
- Ministry experience in Pastoral Care, Bereavement, and Spiritual Direction.

St. Joseph Parish, Bradley, Illinois, March 2006 – August 2010

Member of the Parish Staff, service as Liturgy Coordinator

St. Francis Xavier Parish, Joliet, Illinois, August 2010 – present

MINISTRY WORKSHOPS: (1996 – present)

- Liturgical Ministry Training and Enrichment for the Office of Divine Worship for the Diocese of Joliet,
- Our Lady of Mount Carmel, Darien (Hospitality Ministry and Art & Environment)– 2003, 2004,
- Holy Family, Shorewood -2005

- St. Mary Gostyn, Downers Grove -2004
- St. Joseph Parish, Bradley – 2006
- Holy Spirit Parish, Naperville – 2007
- St. Scholastica Parish, Woodridge – 2009
- St. Anne Parish, Oswego – 2011, 2012, 2018
- St. Cecilia, Mt. Prospect – 2014

INDEPENDENT LITURGICAL CONSULTANT:

- Consultation on worship space environment - Notre Dame, Clarendon Hills – 2008
- Consultation/Formation and Education with Parish Exploratory Building & Leadership Team at St. Bernard Parish, Homer Glen – 2018

OTHER MINISTRY EXPERIENCES:

- Design and Fabrication of Environment for Ministry Conferences – Religious Education Office, Diocese of Joliet.
- Day of Prayer and Reflection for Staff Members of Diocese of Joliet.
- Lenten Parish Missions – Team presenter and leader of prayer – St. James the Apostle Parish – Glen Ellyn, Illinois
St. Joseph Parish – Manteno, Illinois
- An Affiliate of Mayslake Ministries, 2008.
- Mornings of Reflection – Mantellate Sisters at Marian Lake, Plainfield, Illinois, 2015 – 2017.
- Engaged Couples Workshop – Mantellate Sisters Servants of Mary, Plainfield, Illinois, (monthly workshops) 2017 – present.

MINISTRY ORGANIZATIONS

- +Member of the Diocesan Worship Commission (Bishop Appointed) 1997-2004
- +Member of the Diocesan Environment and Art Committee (Bishop appointed) 2004 – present
- +Cursillo – April 2004 (Also have served on several Women’s Cursillo Weekends).